

TOUGH TOPICS

TEEN & ADULT NONFICTION

ABUSE/INCEST.....	362.76
ABUSIVE RELATIONSHIP.....	362.88
ACNE/SKIN CARE.....	616.53, 646.726
ADDICTION.....	363.29
BODY CHANGES.....	612.661
BODY IMAGE.....	616.852
DEATH/GRIEF.....	155.937
DEPRESSION.....	616.8527
DIVORCE.....	306.89
EATING DISORDERS.....	616.8526
HEALTH/HYGIENE.....	613.04243, 613.0433
LGBTQ.....	306.768
PREGNANCY.....	306.8743, 618.2
RAPE.....	362.883
RELATIONSHIPS.....	305.235, 306.73, 646.77
SELF-HARM.....	616.8582
SEX.....	613.9071
STDs.....	616.951
SUICIDE.....	362.28

ADDITIONAL RESOURCES

National Alliance on Mental Illness:

NAMI.org

1.800.950.6264

National Suicide Prevention Lifeline:

youmatter.suicidepreventionlifeline.org

1.800.273.8255

National Council on Alcoholism
and Drug Dependence:

NCADD.org

1.800.622.2255

The Trevor Project for LGBTQ Youth:

TheTrevorProject.org

1.866.488.7386

Free Anonymous Active Listening
and Self-Help Guides

www.7cups.com

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